



## **Rules and Regulations**

### **30-Day Blackout**

During the first 30 days of the program, you will not be permitted to make any phone calls. After this period, you will be allowed to make (two) 30-minute phone calls per week to one of your four approved contacts.

### **Phase 1 (First 3 months or longer):**

Phase 1 is where a solid foundation of gospel truth, based on the Word of God, is built and original presenting problems begin to be understood. Substance abuse tears down a body nutritionally and physically, spiritually, and emotionally. The first goal is to detoxify her physically and re-build the health of the occupant with regular, nourishing food. The first 30 days of phase 1 is also known as "blackout." The women will have less freedoms during the first 3 months intentionally. Clear objective standards are accomplished before progressing to Phase Two.

### **Phase 2 (Second 4-5 months or longer):**

As the body detoxifies and as the mind of the occupant clears the original presenting problems may now begin to be resolved. Distinct areas of idolatry are being identified with repentance and sanctification under way and set individual goals for each woman are being accomplished. Clear objective standards are accomplished before progressing to Phase Three. The occupant will be eligible to begin offsite visits with approved contacts during Phase 2.

### **Phase 3 (Last 3 months):**

Immersion in the hope of the gospel continues with the occupant's continued sanctification centering on who God is and who He has created her to be. Her identity is in Christ and not in addiction, her shame, or co-dependency. By completion of this phase, each occupant has established a new way of living, gained competency in handling life's problems God's way, and has pleasing and glorifying the Lord as her life's goal. Old sinful habits are replaced with new righteous ones. The occupant will be eligible to use her cell phone on the weekends during Phase 3.

### **Phase 4: Transition Phase:**

The occupant will return to her family of origin or to a local living arrangement. We also are working on a future Servant Leader Training (SLT) program available



for candidate graduates. The goal for every occupant is that she now represents a changed life by the Gospel of Jesus Christ whereby she is addressing her problems from her past, broken her presenting life-dominating sinful habits and she is now living her life for the glory of God (1 Cor 10:31).

### **Substances**

No alcohol, drugs, or nicotine products will be permitted on DHFW premises. Failure to follow this rule may result in dismissal from the program. DHFW staff reserve the right to conduct drug tests at any time. Refusing to take a drug test will result in dismissal from the program. A positive result on a test will result in disciplinary action and may include dismissal from the program.

### **Phones and Other Electronics**

We are intentional in not allowing internet, social media, or cell phone use during Phase 1 & 2. Please abide by this rule for your safety and the safety of everyone in the house. Once you are cleared to enter Phase 3, you may be allowed your cell phone back for weekend use. Cell phones are to be turned in overnight. Computers are never allowed at the DHFW.

### **Visitation**

We do not allow any on-site visits, with the exception of authority figures such as parole officers. Once the occupant enters Phase 2, they will be granted one day pass each weekend for up to 4 hours on either Friday evening, Saturday, or Sunday after church. After an occupant has successfully completed (4) four hour-pass visits with no incidents, she may be granted a weekend pass to stay offsite for one complete weekend per month.

### **Program Requirements**

Occupants will be required to attend all studies, meetings, and classes both in house and at the church (see FAQs for our schedule and required programming). You will be required to participate in all studies, meetings, and classes, and in regular chores and upkeep of the house. You will be required to attend church services at Canyon Hills Community Church and adhere to all parts of the weekly schedule.

### **Disciplinary Action**

All disciplinary action will be at the discretion of the Director(s) on a case-by-case basis depending on the severity of the issue.



## **Media**

All media consumed (movies, books, music, etc.) must be approved by DHFW staff. Movies will be limited to G and PG, and only Christian music will be played at the DHFW. We have a pre-approved library of books for our occupants to read while in the program.