

6:00-6:30	RISE & SHINE (bed/dress)
6:30-7:10	BREAKFAST & MEDS
7:15-7:55	DEVO/THANKFULS
8:00-8:58	SHOWER & GET READY Start Laundry
9:00-10:00	CLASS: GROUP STUDY
10:15-11:00	Group Worship & Prayer
11:00-12:00	SELF STUDY (laundry & lunch prep)
12:00-12:30	LUNCH-household together
12:30-1:00	LUNCH CLEAN UP
1:00-2:00	YARDWORK-EVERYONE
2:00-3:00	EXERCISE CLASS -no showers
3:00-4:00	INDIVIDUAL GROWTH (quiet time w/God)/Family Liaison
4:00-5:30	Rest (4-4:30)/Personal Time/phone calls/dinner prep
5:30-6:00	DINNER
6:00-6:30	Dinner Clean Up
6:30-7:30	Group Activity or Skills Class
7:45-8:30	DEVO/PRAYER
8:30-9:00	SHOWER & FELLOWSHIP 8:55pm meds
9:00-9:30	CALM REFLECTION
9:30- 10:00	SILENT & LIGHTS OUT
10:00-10:30	